



MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SAVE WITH AUTOPAY NOW @ www.gunzandbunzllc.com	2 YOGA 4 STRENGTH 5:30 PM	3 PILATES 9 AM SMALL GROUP 11:45 SMALL GROUP 5:35	4 BARRE 5:30 PM	5 PILATES 9 AM SMALL GROUP 11:45 TABATA (Recorded for ONLINE anytime – NO in studio class)	6	7
8 *Please like Gunz & Bunz on FB to stay updated!	9 YOGA 4 STRENGTH 5:30 PM	10 PILATES 9 AM SMALL GROUP 11:45 SMALL GROUP 5:35	11 BARRE 5:30 PM	12 PILATES 9 AM SMALL GROUP 11:45 TABATA (Recorded for ONLINE anytime – NO in studio class)	13 BARRE 9 AM	14
15 *Unlimited access to online classes with an active monthly membership. Not all classes are recorded.	16 YOGA 4 STRENGTH 5:30 PM	17 PILATES 9 AM SMALL GROUP 11:45 SMALL GROUP 5:35	18 BARRE 5:30 PM	19 PILATES 9 AM SMALL GROUP 11:45 TABATA (Recorded for ONLINE anytime – NO in studio class)	20 BARRE 9 AM	21
22	23 YOGA 4 STRENGTH 5:30 PM	24 PILATES 9 AM SMALL GROUP 11:45 SMALL GROUP 5:35	25 BARRE 5:30 PM	26 PILATES 9 AM SMALL GROUP 11:45 TABATA (Recorded for ONLINE anytime – NO in studio class)	27	28
29	30 MEMORIAL DAY NO CLASSES	31 YOGA/BARRE 9 AM (Will be determined based on client feedback)				

Drop-in's \$8 (all yellow highlighted classes) Monthly Class Membership \$50 (includes all those highlighted in yellow) \$45 AUTOPAY

*With personal training or small group month membership, drop –in to yellow highlighted classes for just \$5

*Small Group Training \$16 drop-in, \$12 per session when paid monthly

Laurie Carroll - Owner & Certified Personal Trainer * 864.710.8407 * Located at 15905 Wells Hwy., Seneca, SC 29678 * www.gunzandbunzllc.com