



DECEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 YOGA 4 STRENGTH 4:30 PM (MUST TEXT/DM CLARA BY SAT. PRIOR TO CONFIRM) SMALL GROUP DANCZ FIT 6:30 PM	3 PILATES 9 AM SMALL GROUP 11:45 SMALL GROUP 5:30	4	5 PILATES 9 AM SMALL GROUP 11:45	6	7
8 *Unlimited access to online classes with an active monthly membership. Not all classes are recorded.	9 BARRE 4:30 PM (MUST TEXT/DM CLARA BY SAT. PRIOR TO CONFIRM)	10 PILATES 9 AM SMALL GROUP 11:45 SMALL GROUP 5:30	11	12 PILATES 9 AM SMALL GROUP 11:45	13	14 SMALL GROUP DANCZ FIT 10 AM
15	16 YOGA 4 STRENGTH 4:30 PM (MUST TEXT/DM CLARA BY SAT. PRIOR TO CONFIRM) SMALL GROUP DANCZ FIT 6:30 PM	17 PILATES 9 AM SMALL GROUP 11:45 SMALL GROUP 5:30	18	19	20 SMALL GROUP DANCZ FIT 5:30 PM	21
22	23 SMALL GROUP DANCZ FIT 6:30 PM	24 CHRISTMAS EVE	25 CHRISTMAS DAY	26	27	28 SMALL GROUP DANCZ FIT 10 AM
29	30 BARRE 4:30 PM (MUST TEXT/DM CLARA BY SAT. PRIOR TO CONFIRM) SMALL GROUP DANCZ FIT 6:30 PM	31 TBD				

Drop-in's \$10 (all yellow highlighted classes) ***** Monthly Class Membership \$60 (includes all those highlighted in yellow) AUTOPAY AVAILABLE

*Small Group Training \$16 drop-in, \$12 per session when paid in full for one month

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